



## Entry-Level Social Media & EverWellness Assistant

Are you someone who loves social media, enjoys creating content, and has an interest in health, wellbeing or fitness? Everwell Associates is looking for a bright, motivated school leaver to join us as an Entry-Level Social Media & EverWellness Assistant.

This is a fantastic first step into the world of marketing, communications and workplace wellbeing. You don't need experience — just curiosity, creativity and a willingness to learn.

### What you'll be doing

- Helping to create posts, stories and short videos for our EverWellness social media channels
- Supporting campaigns that promote wellbeing, healthy habits and positive workplace culture
- Taking part in brainstorming sessions for new ideas and content themes
- Assisting with scheduling posts and tracking engagement
- Helping with simple design tasks (we'll teach you the tools)
- Researching trends in health, fitness, wellbeing and social media
- Supporting the wider Everwell team with events and projects

### What we're looking for

- A school leaver who enjoys being creative and trying new things
- Confident using Instagram, TikTok and other social platforms
- Good communication skills and a friendly, positive attitude
- Interest in health, fitness or wellbeing (a bonus, not essential)
- Someone organised, reliable and willing to learn
- A team player who enjoys contributing ideas

### What you'll gain

- Real experience in social media marketing and content creation
- Training in branding, wellbeing communication and digital tools
- A supportive workplace where your ideas are valued
- A chance to build a portfolio of work for your future career
- Insight into how organisations support the health and wellbeing of their people

### About Everwell

Everwell helps organisations stay healthy — supporting people, culture and leadership so businesses can thrive. Our EverWellness content brings wellbeing to life in a warm, accessible and engaging way.